

## Introduction

Our speaker today is one of Uk's most prominent change and disruption experts whose highly acclaimed international speaking career was, quite literally, forged from fire.

She's here to share her unique strategies that will help YOU navigate, normalise and even come to enjoy any change or challenge no matter what life throws at you.

We're privileged to be hearing from an incredibly inspiring woman who spearheaded a national campaign to dramatically improve UK's rail system and has won numerous national awards including Woman of the Year. Her popular autobiography chronicles the turbulent recovery period she endured after the Paddington Train Crash and shows how she transitioned from the 'Lady in the Mask' victim to an indomitable survivor and resilient victor.

Please welcome to the stage the inconquerable Pam Warren.